

Furiously Happy: A Funny Book About Horrible Things

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✓ Verified Book of Furiously Happy: A Funny Book About Horrible Things

## Summary:

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#1 New York Times Bestseller

In *Furiously Happy*, a humor memoir tinged with just enough tragedy and pathos to make it worthwhile, Jenny Lawson examines her own experience with severe depression and a host of other conditions, and explains how it has led her to live life to the fullest:

"I've often thought that people with severe depression have developed such a well for experiencing extreme emotion that they might be able to experience extreme joy in a way that 'normal people' also might never understand. And that's what *Furiously Happy* is all about."

Jenny's readings are standing room only, with fans lining up to have Jenny sign their bottles of Xanax or Prozac as often as they are to have her sign their books. *Furiously Happy* appeals to Jenny's core fan base but also transcends it. There are so many people out there struggling with depression and mental illness, either themselves or someone in their family—and in *Furiously Happy* they will find a member of their tribe offering up an uplifting message (via a taxidermied roadkill raccoon). Let's Pretend This Never Happened ostensibly was about embracing your own weirdness, but deep down it was about family. *Furiously Happy* is about depression and mental illness, but deep down it's about joy—and who doesn't want a bit more of that?

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